AROGA
LIFESTYLE MEDICINE

PLEASE SEND ALL REFERRALS TO OUR CENTRAL TOLL FREE FAX LINE
855-404-4017

*Jesse Pewarchuk MD FRCPC * Jasdeep Saluja MD FRCPC & Associates*

"Multispecialty Medical Clinic ~ In-Person and/or by Telemedicine"

AROGA LIFESTYLE MEDICINE ***(COMMON ELIGIBLE CONDITIONS):***

- ☐ Obesity and Obesity Related Disease
- ☐ Non-Alcoholic Fatty Liver Disease and NASH
- ☐ Polycystic Ovarian Syndrome
- ☐ Erectile Dysfunction & Hypogonadism
- ☐ Diabetes Type 2
- ☐ Hypertension
- ☐ Osteoporosis and Bone Health
- ☐ Atrial Fibrillation
- ☐ Dyslipidemia
- ☐ Coronary Artery Disease
- ☐ Cerebrovascular Disease
- ☐ Other_____

The Aroga Lifestyle Medicine specialist consult treats chronic disease with evidence-based & guideline-based intensive-yet-sustainable lifestyle change interventions as primary treatment and when necessary provides pharmacological treatment. Consults and follow ups combine our medical specialist expertise with in-house allied health professionals to optimize outcomes and provide patients with the tools necessary to take control of their own bodies. This specialist consult is fully covered by MSP in BC.

CARDIAC DIAGNOSTICS

- ☐ 24-Hour BP Monitor
- ☐ Holter Testing
- ☐ Electrocardiogram
- ☐ Treadmill Consult
- ☐ Palpitations Consult
- ☐ Chest Pain Consult
- ☐ Fitness To Exercise
- ☐ Syncope Consult
- ☐ Other _____

GENERAL INTERNAL MEDICINE and PERIOPERATIVE MEDICINE

Reason for referral (please append a referral letter with details): _____

If Pre-op, what is the proposed OR date: _____

Circle one:

VERY URGENT (within days) URGENT (within 3 weeks) NONURGENT (>3 weeks)

ANEMIA and/or IRON DEFICIENCY

- ☐ Anemia/Iron Deficiency Consultation
- ☐ General Hematological Disorder
- ☐ Iron Infusion (private service, infusion fee applicable)

****Please ensure the patient provided with a prescription for Venofer or Monoferric and order to infuse*

SLEEP MEDICINE SPECIALIST

- ☐ Sleep Apnea
- ☐ Insomnia
- ☐ Other disorder of sleep

BARIATRIC MEDICINE

☐ Bariatric Medicine

Consult provided by ABOM certified General Internists and bariatric specialized Registered Dieticians, this service assesses and prepares patients for bariatric surgery. Once criteria are met, patients are referred on to Bariatric Surgery

FUNCTIONAL DISORDERS

☐ Fibromyalgia and Chronic Fatigue ☐ Irritable Bowel Syndrome

Internal Medicine Consult (with special interest in these conditions) provides guideline-based investigations into alternative causes and, when appropriate, provides patients with current treatments.

PATIENT REFERRAL

NAME	☐ M ☐ F
PHN	DATE OF BIRTH
TELEPHONE	CELL PHONE
ADDRESS	EMAIL
DIAGNOSIS	
REFERRING MD	MSP#
REFERRING	REFFERING PRACTITIONER
COPIES TO	

MD Signature _____

Please provide and append as much pertinent data as possible. Eg: Lab Reports, Consultant Reports, Imaging Reports, etc. You will get notified about your patient's booked appointment time and date. All consult notes will be sent to your office via fax.

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